Westvaco makes gift to Holiday Lake future

Westvaco officials presented a check for $2,500 to the Holiday Lake 4-H Educational Center fund recently, the third payment in a four-year, $10,000 Westvaco commitment to the Center which serves 4-H campers in Appomattox and surrounding areas.

The 157-acre 4-H camp is conducting an ongoing program of renovation and expansion, in order to serve more people on a year-round basis.

Jerry Foltz, Eastern Divsion Wood Procurement Manager for Westvaco, noted at the check presentation ceremony that the local 4-H facility provides a "great service" to the youth of Central Virginia and other groups on a statewide basis. The camp, which has an immediate service area of 19 counties, has been in operation since 1941.

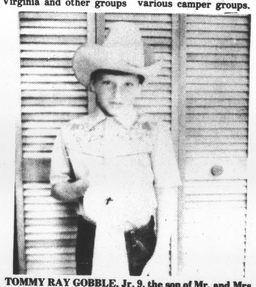
D. J. Collins, manager of Westvaco's Virginia Woodlands, noted that the camp has served people of this area well in the past, and added that the future will create demands which will exceed the current camp's current capacities, "hence our support for the expansion project."

Westvaco manages timberlands and operates wood purchasing yards in 15 of the 19 counties served directly by the non-profit 4-H center. Many Westvaco employees serve as instructors for various camper groups.

Dr. Wayne Compton, in accepting the donation on behalf of the center's Board of directors, expressed the appreciation of the board for Westvaco's support of this important expansion project. He noted that the people of Virginia will benefit from the improved facilities as a result of the Holiday Lake 4-H Educational Center expansion project.

Collins added, "Westvaco is proud to support this effort as a very sound investment in the future."

JERRY FOLTZ AND D. J. COLLINS [left and center], representatives of Westvaco, presented a check for $2,500 to Dr. Wayne Compton of the Holiday Lake 4-H Educational Center recently in Appomattox. The check is the third payment in a four-year, $10,000 commitment Westvaco has to the 4-H Center.



TOMMY RAY GOBBLE, Jr. 9, the son of Mr. and Mrs. T. R. Gobble, Sr. of Pamplin proudly displays a ribbon he won on June 19 at the Yoga Horse Show. He came in fifth in the Barrell Racing division. Tommy has been riding for approximately a year. The horse, 'Comanche' is owned by Guy Brochard. Young Gobble's plans for the future? 'I'm gonna get me a horse," he said with a smile!

Steve Cyrus honored

BLACKSBURG--A 16-year-old Appomattox County youth has been named winner of thje 1982 State 4-H archery award.

Steve Cyrus, son of Mr. and Mrs. Harry O. Cyrus, Rt.2, Appomattox, was recognized during the 60th annual 4-H Congress.

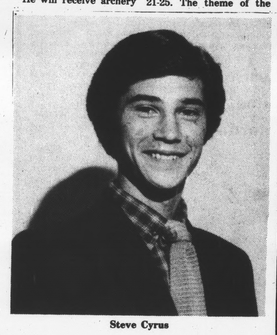
He will receive archery equipment. Donor of the award is Bear Archery.

The 1982 Club Congress attracted approximately 1,400 youth, volunteer leaders, Extension staff members and friends to participate in the porgram which was held on the Virginia Teeh campus, Monday to Friday, June 21-25. The theme of the congress was "Pathways to Success."

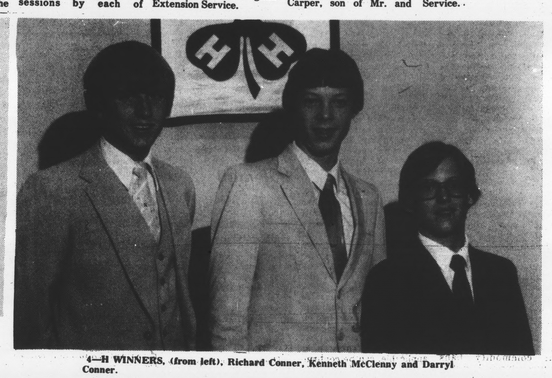
The delegates, all of whom are winners in one of the 4-H projects, were involved in activities as awards presentations, recreation, music and sports and they also learned about other 4-H programs.

Featured this year were sessions by each of Virginia Tech's colleges to tell the young people about what it is like to be a college student, particularly at Virginia Tech.

The group also heard talks by several 4-H leaders, including Kenneth E. Dawson, state director of 4-H. It is the youth program of the Virginia Extension Service.



Steve Cyrus



4—H WINNERS, (from left), Richard Conner, Kenneth McClenny and Darryl Conner.

Three receive 4-H honors

BLACKSBURG – The Appomattox County Land Appreciation Judging team was named the top in the state in competition at the State 4-H Congress.

It's members are: Darrel Conner, son of Mr. and Mrs. James R Conner Jr., Rt. 2, Appomattox; Kenneth McClenny, son of Mr. and Mrs. R. C. McClenny Rt.1, Pamplin; and Richard Conner, son of Mr. and Mrs. T. E. Conner, Appomattox.

They received a trip to the International Land Judging Contest donated by the James River Limestone Co. Inc. and the Virginia Surface Mining and Reclamation Association.

The high individuals in the competition were, in additon to Conner, McClenny and Conner: Elizabeth Jones, daughter of Mr. and Mrs. R. E. Jones, Oakton; Daphne Roots, daughter of Mr. and Mrs. W. T. Roots, Fairfax; Carlton Jarrett, Greenville County; Eric Moses, son of Mr. and Mrs. E. G. Moses, Fairfax; Jimmy Pence, son of Mr. and Mrs. J. R. Pence, Winchester; and Richard Carper, son of Mr. and Mrs. R. H. Carper, New Castle.

They received a certificate from the same doners.

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Physicals set

Physicals for all boys participating in varsity sports in Appomattox will be held next week according to Coach Gary Cuccio.

Grades 8, 9 and 10 physicals are planned for Monday, July 12 at 3:30 in the Appomattox County High School office.

For grades 11 and 12 physicals are scheduled for Wednesday, July 14 at 3:30 in the Appomattox County High School office.

Weight room open

The weight room at the Appomattox County High School will be open next week from 1 until 3 p.m. Monday through Friday, for all ages according to an announcement by Coach Gary Cuccio.

Training done

Pvt. Ernest C. Daye Jr., son of Ernest C. and Lillie A. Daye of Route 2, Concord, Va., has completed basic training at Fort Sill, Okla.

During the training, students received instruction in drill and ceremonies, weapons, map reading, tactics, military courtesy, military justice, first aid, and Army history and traditions.

He is a 1981 graduate of Appomattox County High School.

Baseball finals

Appomattox Dixie Youth Association
Major League Final Standings

	W	L
Redsox	14	6
Pamplin	13	7
Orioles	13	7
Giants	12	8
Braves	4	15
Yankees	3	16

Major League Championship Game
Redsox vs Pamplin
Redsox League Champs.

Davin Day finished Marine Corp training

Marine Private Davin W. Day, son of Mr. and Mrs. Walter L. Day of Route 1, Appomattox, Va., has completed recruit training at the Marine Corp Recruit Depot, Parris Island, S. C.

During the 11-week training cycle, he learned the basics of battlefield survival. He was introduced to the typical daily routine that he will experience during his enlistment and studied the personal and professional standards traditionally exhibited by Marines.

He participated in an active physical conditioning program and gained proficiency in a variety of military skills, including first aid, rifle marksmanship and close order drill. Teamwork and self-discipline were emphasized throughout the training cycle.

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On green beans

By Shirley W. Walton
Extension Agent
Green Beans

Green beans are plentiful in gardens now. Because of many questions, I wish to share this information with you.

Select beans with a fresh, bright appearance with good color for the variety. Get young, tender beans with pods in a firm, crisp condition.

Avoid wilted or flabby bean pods, serious blemishes and decay. Thick, tough, fibrous pods indicate overmaturity.

A bushel of snap beans weighs about 30 pounds and will yield 18 to 20 quarts of canned or frozen beans.

Wash beans and drain. Cut or break off ends; cut or break into 1 or 2-inch pieces. Slice lengthwise for french-style beans.

Many of you have asked about he vinegar method of canning green beans. This **is not** a recommended procedure and **is not safe.** Green beans are a low acid vegetable and the amount of vinegar does not give them enough acidity to be safely processed in any way except under ten (10) pounds pressure. **Do Not Use This Method.**

CANNING BEANS

Raw Pack: Pack raw beans tightly to ½ inch to top. Add ½ teaspoon salt to pint jars; 1 teaspoon to quarts. Cover with boiling water, leaving ½-inch headspace. Remove air bubbles by running spatula or knife between food and jar. Adjust jar lids.

Process in pressure canner at 10 pounds pressure (240° F.).

Pint jars 20 minutes
Quart jars 25 minutes

HOT PACK: Cover cut beans with boiling water and cook for 5 minutes. Pack hot beans loosely to ½ inch of top of jar. Add ½ teaspoon salt to pint jars; 1 teaspoon to quarts. Cover with boiling-hot liquid, leaving ½-inch headspace. Adjust jar lids.

Process in pressure canner at 10 pounds pressure (240° F.).

FREEZING BEANS

Heat beans in boiling water for 3 minutes in a blancher or in a wire basket in a large kettle. Work with small quantities of beans for best results. Use at least 1 gallon of boiling water for each pound of prepared beans. Put beans in blanching basket or wire basket and lower into the boiling water. Cover and start timing immediately. Never freeze beans without blanching.

After 3 minutes, plunge basket containing beans into a large quantitiy of cold water (60° F. or below) to stop the cooking. Allow 5 minutes for cooling.

Drain thoroughly. Pack beans, leaving ½-inch headspace.

Seal. Freeze; store at 0° F. or below.

Should you have a food preservation question or problem, call the Appomattox County Extension Office (352-8244). It is always a pleasure to help you. Have a good week!

Food Preservation Tip of the Week

To freeze cabbage, select solid, green heads with crisp leaves. Wash, discard to coarse outer leaves and cut the head into wedges or shred rather coarsely. Scald (or blanch) the wedges 3 minutes or the shredded cabbage for 1-½ minutes. Cool, drain and package the same as lima beans. Frozen cabbage is not suitable for use in coleslaw or salads, but is delicious cooked or in casseroles.

RECIPE OF THE WEEK
Zucchini Bread
[2 loaves]

1 cup nuts (optional)
4 eggs
2 cups sugar
1 cup vegetable oil
3 ¼ cups flour
1½ tsp. soda
1½ teaspoon salt
1 tsp. cinnamon
½ - ¾ tsp. baking powder
2 cups grated zucchini
1 cup raisins
1 tsp. vanilla

Beat eggs, add and beat sugar. Add oil. Add dry ingredients with zucchini, add raisins. Grease and flour pans. Makes 2 loaves (regular size) or 4 small loaves. Bake in lowest rack at 350°F. for 55 min.

Thanks to Jeanne Clabough for this delicious and nutritious bread.

MIKE MCCOY AND DAVID HANCOCK, Senior 4-H members from Appomattox County, performed on June 16 at the Virginia Bankers Associational Meeting held annually at Natural Bridge Hotel. Mike is shown as he performed several selections on the piano and sang. David Hancock did a drama skit entitled "Noah." Both 4-H'ers performed at Blacksburg for the State Share-The-Fun Show, each receiving a blue ribbon.

Clowdis named state champion

William Glenn Clowdis, Jr. of the William Campbell Chapter has been named state winner of the FFA award for swine production. The award was presented during the 56th State FFA Convention held at Virginia Tech. Clowdis, 18, is the son of Mr. and Mrs William G. Clowdis, Sr. of Red House.

The proficiency award in swine production is a special project of the National FFA Foundation sponsored by Pfizer, Inc.

William is part owner of a fifty-eight head swine operation. He has exhibited animals in several local and area livestock shows. In addition to his swine herd, he has enterprises in corn, barley, wheat, soybreans and tobacco.

Area winners in swine production are: Applachian -Jeff Dean, Jonesville; Central - David Chenault, Caroline; Eastern- Stanley Langford, Essex; Northern - David Allen Kirby, Wilson Memorial.

Questions answered on coming farm tour

By James A. Smith
Extension Agent

There have been a number of questions from local people asking where do we meet to go on the farm tour--where does it start, etc.

There will be no buses to transport people--you will travel in your vehicle--the tour is self-directed. Programs will be conducted on each farm at the same time. Select the farms you would like to visit--it will be difficult to visit all farms. If you attend all functions at each farm it will take one to one and one-half hours per farm. Each farm has a series of four to five demonstrations or exhibits that you will want to observe.

The six host farms have put a lot of effort into getting their farms ready for the tour. This would be a good time to invite family and friends to come to Appomattox for this important event.

* * *

Agriculture is America's most basic industry and the American farmer is the world's most efficient producer of food and fiber. Today a U. S. farmer produces enough food for 78 people, 52 here in our country and 26 abroad.

* * *

I am very concerend abut the mis-use of pesticides. This probably comes largely from failure to read the label. In recent days we have had three calls about vegetables and fruit crops.

Case 1--This person harvested a bushel of snap beans. Upon returning from the garden, they looked at the lavel on a bottle of Diazinon which indicted that the waiting period was 14 days between application and harvest. The Diazinon had been applied 6 or 7 days before harvest.

Case 2--A client called to say they had found an old package of arsenic of lead and put it around squash bushes to control squash bugs. Question--what must they do?

Case 3--A client inquired about the control of insects on everbearing strawberries. Sevin was recommended. A few days later it was determined that they didn't have any Sevin, but found some Chlorodane just and it was applied.

Copies of "Chemical Control of Plant Diseases, Weeds and Insects for Home Vegetable Gardens" is available from our office. I urge you to pick-up a copy, read it carefully and read the pesticide label before purchasing and again before applying.

The wide selection of pesticides available today makes it essential that you read the label and follow it carefully.

A pesticide that was labeled a few years ago could easily be changed and no longer recommended. If in doubt whether it is labeled for a specific use, give our office a call. We may not know in every case, but we will check it out and get you an answer. It's much better to ask before the pesticide is applied.

results you want? you want classifieds!

ASCS Today

By Tom Conrad

July Loan Interest Rates - The regular loan interest rate on 1981 and 1982 crop year commodity bans disbursed during July 1982 is 13.50 percent per annum subject to adjustment each succeeding January 1.

Agricultural Conservation Program - Funds are still available for conservation work to be done this year. If you are interested in controlling erosion and pollution with cost-share assistance stop by the ASCS office and let us discuss the program with you.

Practices are required to be approved by the County Committee before the work is begun.

Soil samples or soil sample results not over two years old should be submitted at the time you sign up.

Payments will be issued after practice is completed and reported.

Wheat Loans - Wheat producers who are partiicipating in the Reduced Acreage Program are eligible for loan on their wheat crop. If you are interested in a loan, please contact us.

Late-Filed Acreage Beports - June 30 was the final date for reporting crop acreages. Tobacco needs to be reported to be eligible for price support; wheat and feed grains need to be reported to stay in the program and maintain or establish bases.

Late-filed reports can be accepted at any time if physical or current-year evidence of the crop or land use, lack of the crop, or use made of the crop, is applicable, can be confirmed and the specific acreage determined. Payment reduction or loss of program benefit, or both, could result from inaccurate late-filed reports in the same manner as inaccurate reports filed on time.

The farmer must pay the cost of determing acreages unless the County Committe determines that conditions beyond the farmer's control caused the late filing.

Producers who have not reported are asked to come to the ASCS office to make the report.

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EVERY SATURDAY NIGHT
Gates Open 5 p.m. Drag Races - 8 p.m.
Starting July 10th

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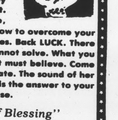
SISTER MARIE
SPIRITUAL-HEALER-ADVISOR



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